

breakfast

silvergreens

eat smart • live well

breakfast burritos

Served with fresh fruit



Make it a burrito bowl Served in a bowl instead of a tortilla

American

Two cage-free eggs, seasoned kennebec homestyle potatoes, white cheddar cheese and lite sour cream served in a grilled whole wheat tortilla. Served with homemade salsa on the side. **5.49**

Southwestern

Freshly sliced haas avocado, black beans, two cage-free eggs, seasoned kennebec homestyle potatoes, jalapeños and lite sour cream served in a grilled whole wheat tortilla. Served with homemade salsa on the side. **5.99**

Mediterranean

Roasted red peppers, baby spinach, feta cheese, two cage-free eggs and seasoned kennebec homestyle potatoes served in a grilled whole wheat tortilla. Served with homemade salsa on the side. **5.99**

additions:

- Avocado Slices **.99**
- Hickory Smoked Bacon **1.49**
- Grilled Turkey Sausage **1.99**
- Grilled Chicken **2.49**
- Flatiron Steak **2.99**
- Substitute Egg Whites **.69**

belgian waffles

Neighborhood Classic

Homemade Belgian waffle topped with powdered sugar and lite whipped cream. Served with warm maple syrup on the side. **5.99**

Santa Barbara Berry

Our Neighborhood Classic served with seasonal fresh berries. Served with warm maple syrup on the side. **6.99**

Chocolate Chip Banana

Crispy Belgian waffle with baked in chocolate chips and topped with caramelized bananas, powdered sugar and fresh whipped cream. Served with warm maple syrup on the side. **6.99**

Sunrise Platter

Two scrambled, cage-free eggs, seasoned breakfast potatoes, honey-wheat or sourdough toast, fresh fruit, and choice of hickory smoked bacon or turkey sausage. **6.99** *No meat 5.99*

fruits & grains

Oatmeal with Fresh Fruit

Whole-grain oatmeal served with brown sugar, dried cranberries, toasted almonds and choice of fresh strawberries, blueberries or bananas. **3.79**

Yogurt Parfait

Low fat vanilla yogurt served with homemade granola, honey and choice of **two** fresh fruits. **4.29**

Açaí Energy Bowl

Blended açai topped with homemade granola, fresh bananas, strawberries and drizzled with honey. **4.99/7.49**

Bagel & Coffee Combo

Your choice of fresh toasted bagel, served with lite cream cheese and a cup of organic fair-trade coffee. **2.99**

Bagel - à la carte **1.39**

Bagel w/cream cheese **2.29**

beverages

Drip Coffee **1.79 / 1.99**

Vanilla Iced Coffee **2.29**

Caffè Blended **3.29**

Organic blended coffee with whipped cream

Fresh Squeezed OJ **1.99 / 2.99**

Milk (non-fat) **1.49 / 1.79**

Hot Tea **1.79**

All of Tea

Mimosa **\$5**

Fresh squeezed OJ coupled with Champagne

smoothies **3.79**

Power Breakfast Smoothie

Homemade granola, organic peanut butter, fresh strawberries, bananas and non-fat milk blended with non-fat vanilla soft-serve. (+50¢)

Strawberry Swirl

Fresh strawberries blended with bananas, plain non-fat tart frozen yogurt and fresh squeezed orange juice.

Tropical Twist

Fresh squeezed orange juice with pineapples, bananas, mandarin oranges, and plain non-fat tart frozen yogurt.

Breakfast Hours: Mon-Fri: 7:30am-11am
Sat & Sun: 8:30am-1pm